

# Mental Health Applications, Minor

The Minor in Mental Health Applications provides foundational background in psychological strategies useful in both health-related fields and education. This minor includes a subset of courses that are selected because they would be useful for graduates whose careers intersect substantially with mental health issues. In particular, the minor would be relevant for anyone entering a health-related field (such as medicine, physical therapy, or occupational therapy, or nursing). It would also be highly relevant to teachers as well. The courses include all Psychology courses that address aspects of mental health, mental health problems, and their treatment

## Minor in Mental Health Applications

The minor in Mental Health Applications consists of six courses (18 credit hours), including two required courses (6 credit hours) and four elective courses (12 credit hours).

Code	Title	Hours
Required Courses:		
PSYC 1001	General Psychology	3
PSYC 3401 or PSYC 3410	Abnormal Psychology Childhood Psychopathology	3
Elective Courses - choose four of the following:		12
PSYC 2101	Introduction to Life-Span Developmental Psychology for the Health Professions	
PSYC 3101	Developmental Psychology: Conception Through Adolescence <sup>1</sup>	
PSYC 3120	Developmental Psychology: Adulthood and Aging <sup>1</sup>	
PSYC 3301	Learning and Behavior	
PSYC 3401	Abnormal Psychology <sup>2</sup>	
PSYC 3420	Health Psychology	
PSYC 3410	Childhood Psychopathology <sup>3</sup>	
PSYC 3430	Psychology of Gender and Health	
PSYC 3440	Health Disparities: A Biopsychological Perspective	
PSYC 3501	Theories of Personality	
PSYC 4701	Introduction to Clinical Psychology	
PSYC 4720	Psychology of Marriage and Family	
PSYC 4730	Introduction to Evidence-Based Mental Health Treatment	
PSYC 4800	Applied Behavior Analysis	
PSYC 4820	Concepts and Principles of Behavior	
PSYC 4956	Advanced Undergraduate Research <sup>4</sup>	
<b>Total Credit Hours:</b>		<b>18</b>

<sup>1</sup> The student who applies PSYC 2101 as an elective may not apply either PSYC 3101 or PSYC 3120 as an elective.

<sup>2</sup> The student may apply PSYC 3401 as an elective if they did not complete the course as a requirement.

<sup>3</sup> The student may apply PSYC 3410 as an elective if they did not complete the course as a requirement.

<sup>4</sup> The value of PSYC 4956 varies from 1 to 3 credits. The student seeking to apply the course as an elective must complete no fewer than 3 credits. Furthermore, the student may apply no more than 3 credits as an elective.

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