Mental Health Applications, Minor

The Minor in Mental Health Applications provides foundational background in psychological strategies useful in both health-related fields and education. This minor includes a subset of courses that are selected because they would be useful for graduates whose careers intersect substantially with mental health issues. In particular, the minor would be relevant for anyone entering a health-related field (such as medicine, physical therapy, or occupational therapy, or nursing). It would also be highly relevant to teachers as well. The courses include all Psychology courses that address aspects of mental health, mental health problems, and their treatment.

Minor in Mental Health Applications

The minor in Mental Health Applications consists of six courses (18 credit hours), including two required courses (6 credit hours) and four elective courses (12 credit hours).

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>Required Courses:</td>
<td></td>
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</tr>
<tr>
<td>PSYC 1001</td>
<td>General Psychology</td>
<td>3</td>
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<tr>
<td>PSYC 3401</td>
<td>Abnormal Psychology</td>
<td>3</td>
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<tr>
<td>or PSYC 3410</td>
<td>Childhood Psychopathology</td>
<td></td>
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<tr>
<td>Elective Courses - choose four of the following:</td>
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<td>12</td>
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<tr>
<td>PSYC 2101</td>
<td>Introduction to Life-Span Developmental Psychology for the Health Professions</td>
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<tr>
<td>PSYC 3101</td>
<td>Developmental Psychology: Conception Through Adolescence ¹</td>
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<tr>
<td>PSYC 3120</td>
<td>Developmental Psychology: Adulthood and Aging ¹</td>
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<tr>
<td>PSYC 3301</td>
<td>Learning and Behavior</td>
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<tr>
<td>PSYC 3401</td>
<td>Abnormal Psychology ²</td>
<td></td>
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<tr>
<td>PSYC 3420</td>
<td>Health Psychology</td>
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<tr>
<td>PSYC 3410</td>
<td>Childhood Psychopathology</td>
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<tr>
<td>PSYC 3430</td>
<td>Psychology of Gender and Health</td>
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<tr>
<td>PSYC 3440</td>
<td>Health Disparities: A Biopsychological Perspective</td>
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<tr>
<td>PSYC 3501</td>
<td>Theories of Personality</td>
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<tr>
<td>PSYC 4701</td>
<td>Introduction to Clinical Psychology</td>
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<tr>
<td>PSYC 4720</td>
<td>Psychology of Marriage and Family</td>
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<tr>
<td>PSYC 4730</td>
<td>Introduction to Evidence-Based Mental Health Treatment</td>
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<tr>
<td>PSYC 4800</td>
<td>Applied Behavior Analysis</td>
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<tr>
<td>PSYC 4820</td>
<td>Concepts and Principles of Behavior</td>
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</tr>
<tr>
<td>PSYC 4956</td>
<td>Advanced Undergraduate Research</td>
<td></td>
</tr>
</tbody>
</table>

Total Credit Hours: 18

¹ The student who applies PSYC 2101 as an elective may not apply either PSYC 3101 or PSYC 3120 as an elective.
² The student may apply PSYC 3401 as an elective if they did not complete the course as a requirement.
³ The student may apply PSYC 3410 as an elective if they did not complete the course as a requirement.
⁴ The value of PSYC 4956 varies from 1 to 3 credits. The student seeking to apply the course as an elective must complete no fewer than 3 credits. Furthermore, the student may apply no more than 3 credits as an elective.

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