Clinical Mental Health Counseling (CMHC)

Chairperson: Alan W. Burkard, Ph.D.
College of Education Graduate Programs website (http://marquette.edu/grad/future_apply.shtml)

Degree Offered
Master of Science

Program Description
Our master of science in clinical mental health counseling is dedicated to training professional counselors in evidence-based and emerging best practices and prepares students to practice as a professional counselor. Course work focuses on human development, psychopathology, assessment, theories of counseling, consultation, crisis and disaster response, ethical and legal issues, multicultural issues and counseling research, as well as individual, group, family and counseling interventions. Field experiences, small group experiences and practicum and internship are required and lead to the development of science-practice integration in all of our graduates.

Clinical Mental Health Counseling Master's Requirements

Specializations: Addiction Counseling, Child and Adolescent Counseling

The master of science degree program in clinical mental health counseling, with specialization options in addiction counseling or in child and adolescent counseling, requires 60 credit hours and successful completion of a comprehensive examination. The following courses are required:

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<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credit</th>
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<tbody>
<tr>
<td>COUN 6000</td>
<td>Introduction to Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6003</td>
<td>Foundations of Clinical Mental Health Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6010</td>
<td>Professional Ethics and Legal Issues</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6020</td>
<td>Life-Span Human Development</td>
<td>3</td>
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<tr>
<td>COUN 6030</td>
<td>Theories of Counseling</td>
<td>3</td>
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<tr>
<td>COUN 6040</td>
<td>Multicultural Counseling</td>
<td>3</td>
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<tr>
<td>COUN 6050</td>
<td>Research Methods in Counseling</td>
<td>3</td>
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<tr>
<td>COUN 6060</td>
<td>Psychopathology and Diagnosis</td>
<td>3</td>
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<tr>
<td>COUN 6070</td>
<td>Assessment in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6080</td>
<td>Career Development and Counseling</td>
<td>3</td>
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<tr>
<td>COUN 6120</td>
<td>Group Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6400</td>
<td>Leadership and Administration of Mental Health Counseling Services</td>
<td>3</td>
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<tr>
<td>COUN 6965</td>
<td>Counseling Practicum</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6986</td>
<td>Internship in Counseling (completed over multiple terms)</td>
<td>6</td>
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As part of their course work, students must also complete a practicum and an internship in an approved clinical mental health counseling setting. More detailed requirements can be obtained from the department office. The master of science degree can be completed under Plan A, which requires a thesis, or Plan B, which does not require a thesis.

Addiction Counseling

The optional specialization in addiction counseling provides students with additional training concentrated on clinical services to clients experiencing difficulties with addictions and co-occurring disorders. In addition to the core requirements for the clinical mental health counseling program, students are required to take the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credit</th>
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</thead>
<tbody>
<tr>
<td>COUN 6150</td>
<td>Addictions Counseling</td>
<td>3</td>
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</tbody>
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Electives

<table>
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<tr>
<th>Credit</th>
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<tbody>
<tr>
<td>9</td>
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</tbody>
</table>

Total Credit Hours 12

Child and Adolescent Counseling

The optional specialization in child and adolescent counseling provides students with training concentrated on the provisions of clinical services to children, adolescents and their families. In addition to the core requirements for the clinical mental health counseling program, students are required to take the following courses:
Clinical Mental Health Counseling (CMHC)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 6130</td>
<td>Family Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6160</td>
<td>Counseling with Children and Adolescents</td>
<td>3</td>
</tr>
<tr>
<td>Electives</td>
<td></td>
<td>6</td>
</tr>
<tr>
<td><strong>Total Credit Hours</strong></td>
<td></td>
<td><strong>12</strong></td>
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**Courses**

**COUN 6000. Introduction to Counseling. 3 cr. hrs.**
Introduction to the philosophical bases, history and development of counseling as a profession. Includes an emphasis on ethical and legal issues, as well as a focus on counselor roles and functions in various settings and current issues in professional practice. Addresses active listening and provides training in entry-level counseling skills through a laboratory experience. Prereq: Enrolled in the Clinical Mental Health or School Counseling program or cons. of dept. ch.

**COUN 6001. Foundations of School Counseling. 3 cr. hrs.**
Focuses on the principles and techniques of school counseling, as outlined by the American School Counselor Association National Model for School Counseling Programs. Covers consultation with parents and school personnel, program planning and curriculum intervention, roles and functions of counselors and other school personnel and contemporary school counseling issues. Prereq: COUN 6000 and COUN 6020.

**COUN 6003. Foundations of Clinical Mental Health Counseling. 3 cr. hrs.**
Introduces the roles and perspectives of clinical mental health counselors. Focuses on the professional knowledge base, skills and practices that are essential for counseling in a wide variety of clinical mental health settings. Introduces mental health delivery models and concepts, prevention strategies, interventions with target populations, crisis intervention, disaster responses and interventions for clients with mental disorders and their families. Prereq: COUN 6000.

**COUN 6010. Professional Ethics and Legal Issues. 3 cr. hrs.**
Covers the ethical foundations and standards of the counseling profession. Focuses on how to apply ethical standards and legal and professional guidelines to situations faced by counselors in educational and clinical mental health counseling settings. Issues relevant to training, credentialing and professional issues in the field of counseling are discussed. Prereq: COUN 6000.

**COUN 6020. Life-Span Human Development. 3 cr. hrs.**
An examination of the interaction among biological, psychological, social and cultural factors that influence human development over the life-span. Reviews theoretical frameworks describing optimal human development, as well as the developmental etiology of problematic behaviors. Discusses educational and counseling implications of these issues.

**COUN 6030. Theories of Counseling. 3 cr. hrs.**
Reviews and critically analyzes the major theoretical systems of counseling, as well as current research about counseling and therapy. Focuses on applying theoretical approaches and techniques to client conceptualization and counseling practice.

**COUN 6040. Multicultural Counseling. 3 cr. hrs.**
Covers current theory, research and practice approaches within the field of multicultural counseling. Explores the topic of cultural diversity across multiple aspects of identity, with a focus on implications for professional practice, including advocacy work. Concurrent field experiences and/or small group experiences may be required. Prereq: COUN 6000 and COUN 6030.

**COUN 6050. Research Methods in Counseling. 3 cr. hrs.**
Reviews theories underlying various research methodologies and the research process. Methods for needs assessment and program evaluation are considered. Includes development of a research proposal including the identification of a research problem and preparation of a research plan. Prereq: COUN 6000, COUN 6030 and COUN 6070.

**COUN 6055. Introduction to Statistics. 3 cr. hrs.**
Introduction to descriptive and inferential statistics including correlation, parametric and non-parametric techniques. Provides an overview of SPSS for data analysis.

**COUN 6060. Psychopathology and Diagnosis. 3 cr. hrs.**
Covers concepts of psychopathology and introduces methods of assessment and diagnosis for children, adolescents and adults with major mental disorders and personality disorders. Multiple perspectives of clients’ emotional and psychological distress, disturbances and behaviors are considered. Focuses on the development of students’ knowledge and skills to use the DSM diagnostic system while including acknowledgement of client strengths and resilience and the social and cultural context.

**COUN 6070. Assessment in Counseling. 3 cr. hrs.**
Introduction to the basic concepts and methods for the psychological assessment of individuals in school, work and mental health settings. Testing and assessment is presented within an ethical, social and cultural context. Students’ knowledge and skills to select, use and interpret selected standardized tests, checklists and rating forms are developed. Measures for assessing intelligence, achievement, personality, vocational interests and mental health issues are covered as is the use of clinical interviews to identify client issues. Prereq: COUN 6000.

**COUN 6080. Career Development and Counseling. 3 cr. hrs.**
Reviews theoretical approaches of career counseling and programming, as well as psychological, social and cultural factors that influence life-long career/vocational development. Components of career development programs and services are considered, as well as sources and uses of occupational and educational information. Prereq: COUN 6000, COUN 6020, COUN 6030 and COUN 6070.
COUN 6110. Individual Counseling. 3 cr. hrs.
Examines the theory and research on individual counseling. Emphasizes skill development in the techniques and methods of counseling. Concurrent field experiences may be required. Prereq: COUN 6000 or COUN 6003 and cons. of instr.; or COPS 8000, COUN 6020 and cons. of instr.; admission to degree program.

COUN 6120. Group Counseling. 3 cr. hrs.
Purposes, functions, types, and principles of group counseling. Dynamics of group interaction. Leadership of groups. Understanding of and ability to engage in and evaluate small group processes and relationships. Students experience group processes and the therapeutic value of groups by participating as members of an in-class group or facilitating a group off-campus. Prereq: COUN 6000 and COUN 6030; concurrent field experiences may be required.

COUN 6130. Family Counseling. 3 cr. hrs.
Introduction to theoretical approaches and methods of family counseling. Overview of the history and current issues in family counseling. Prereq: COUN 6000 and concurrent or previous enrollment in COUN 6030.

COUN 6150. Addictions Counseling. 3 cr. hrs.
Introduction to the prevention and treatment of substance abuse disorders. Emphasizes research-supported strategies and counseling skills designed to meet individual client needs. Prereq: COUN 6000.

COUN 6160. Counseling with Children and Adolescents. 3 cr. hrs.
Developmental stages and tasks of children and adolescents; theories and techniques of developmental and remedial counseling with children and adolescents; warning signs, possible causes and prevention and intervention strategies of behavior problems. Focuses on the assessment and integration of strength-based counseling approaches in counseling children and adolescents and addresses collaboration and consultation with families, schools and communities. Prereq: COUN 6000; COUN 6001 or COUN 6003; and COUN 6030.

COUN 6170. Trauma Counseling. 3 cr. hrs.
Examines the theories and research regarding trauma, trauma response and trauma counseling. Reviews the psychological and physiological effects of various types of trauma. Focuses on case conceptualization skills and a trauma informed perspective and approach to counseling. Prereq: COUN 6000; COUN 6020; COUN 6030; & COUN 6060.

COUN 6220. Consultation Strategies. 3 cr. hrs.
Analysis of consultation models, designing and implementing intervention strategies and evaluation of the total process. Introduction to the role and functions of a consultant. Analysis of current conceptual models, overview of design and implementation of intervention strategies and evaluation methods. Prereq: COUN 6000.

COUN 6230. Psychopharmacology. 3 cr. hrs.
Introduction to psychopharmacology including central nervous system, basic drug mechanisms, modes of drug action, medication treatment for psychological/psychiatric disorders and efficiency of drugs. Prereq: COUN 6060.

COUN 6400. Leadership and Administration of Mental Health Counseling Services. 3 cr. hrs.
Introduction to the knowledge and skills for counselor leadership roles in clinical mental health counseling services. Focuses on leading a community counseling agency with consideration to: effective administrative and business operational aspects of mental health services, the role of state regulations in the operation of mental health services, clinical supervision, licensure, finance, disaster and crisis planning and creating an effective work environment. Prereq: Concurrent enrollment in COUN 6986.

COUN 6410. Leadership and Educational Administration for School Counseling. 3 cr. hrs.
Focuses on leadership and educational administration practices essential to the development of a comprehensive school counseling program within K-12 educational settings. Examines contemporary educational leadership practices and educational policy, principles of collaboration and teamwork in schools, organizational structure of schools, school emergency management policies and practices, school-community relations and the importance of these topics to school counseling practice and comprehensive school counseling program development. Prereq: Concurrent enrollment in COUN 6986.

COUN 6931. Topics in Counseling. 2-3 cr. hrs.
In-depth study of theories and concepts in counseling which, because of their topicality, are not the subject of a regular course. Specific topics will be designated in the Schedule of Classes. Prereq: Cons. of instr.

COUN 6965. Counseling Practicum. 4 cr. hrs.
A supervised practicum experience that requires a minimum of 100 clock hours (including 40 direct hours) and leads to the development of counseling skills. Students engage in their practicum activities at approved sites in the greater Milwaukee area and meet on-campus weekly for a didactic seminar that furthers counseling skills and provides group supervision. Prereq: COUN 6000; COUN 6001 or COUN 6003 which may be taken concurrently.

COUN 6970. School Counseling Practicum. 3 cr. hrs.
A supervised practicum experience that requires a minimum of 100 clock hours (including 40 direct hours) and leads to the development of counseling skills. Students engage in their practicum activities at approved sites in the greater Milwaukee area and meet on-campus weekly for a didactic seminar that furthers counseling skills and provides group supervision. Prereq: COUN 6000; COUN 6001 which may be taken concurrently.
COUN 6986. Internship in Counseling. 1-4 cr. hrs.
Supervised counseling experiences in assessment, diagnosis, intervention, prevention and consultation. Students engage in the internship activities at approved sites in the greater Milwaukee area and meet on-campus weekly for a didactic seminar and group supervision. Three credits of internship require a minimum of 300 clock hours of practicum activities. Prereq: COUN 6000; COUN 6001 or COUN 6003; COUN 6020, COUN 6030, COUN 6060, COUN 6070 and COUN 6965 or COUN 6970; COUN 6040, COUN 6120 and COUN 6130 must be taken concurrently with COUN 6986; additional prerequisites may be required within each area of specialization.

COUN 6990. Internship in School Counseling. 3 cr. hrs.
Supervised school counseling experiences in the development and implementation of a comprehensive school counseling program and services, including crisis intervention, individual and group counseling, academic and career planning, consultation, and development and teaching of school counseling curriculum. Students engage in the internship activities at approved elementary, intermediate and high schools in Southeastern Wisconsin and meet on-campus weekly for a didactic seminar and group supervision. Three credits of internship require a minimum of 300 clock hours of practicum activities. Prereq: COUN 6000, COUN 6001, COUN 6010; COUN 6020, COUN 6030, COUN 6060, COUN 6070, COUN 6080 and COUN 6970; COUN 6040, COUN 6120 and COUN 6050 which must be taken concurrently.

COUN 9984. Master's Comprehensive Examination Preparation: Less than Half-Time. 0 cr. hrs.
Fee. SNC/UNC grade assessment. Prereq: Cons. of dept. ch.

COUN 9985. Master's Comprehensive Examination Preparation: Half-Time. 0 cr. hrs.
Fee. SNC/UNC grade assessment. Prereq: Cons. of dept. ch.

COUN 9986. Master's Comprehensive Examination Preparation: Full-Time. 0 cr. hrs.
Fee. SNC/UNC grade assessment. Prereq: Cons. of dept. ch.